

# COUNSELLING FEES

## How to Schedule Your First Appointment

At Counselling Thailand, we understand that taking the first step toward seeking support is a significant decision. Our aim is to provide clear, comprehensive information about our services, fees, and how to schedule an appointment, so you can feel informed and confident throughout the process.

We believe that accessing therapy should be straightforward, fair, and transparent. While some counselling practices charge higher fees for couples or family sessions, or increase prices for evening or weekend appointments, we take a different approach.

At Counselling Thailand, **all fees are charged per session, not per person, and remain the same whether your appointment is on a weekday, evening, or weekend.** We feel this reflects our commitment to making therapy accessible and supporting relationships without adding financial or scheduling barriers.

## **Payment can be made from one of the following options**

### **1) Bank Transfer (Payment to be made in Thai Baht)**

- Thai Bank (KBank)
- WISE to Thai Bank (KBank)
- Thai QR code (From Thai Bank only)
- **\*Sorry, we DO NOT accept payment through Revolut\***

### **Pay per session**

- 90 mins – 3,745 THB
- 60 mins – 2,675 THB

### **Prepaid Session Packages**

- 5 x 60 minute session Pre-Paid Package - 12,840 THB
- 10 x 60 minute session Pre-Paid Package - 24,610 THB
- 5 x 90 minute session package (ideal for couples) -  
17,655 THB

## 2) UK Bank Transfer

(only available for clients paying from a UK bank account)

### Pay per session

- 90 mins – £80 GBP
- 60 mins – £60 GBP

### Prepaid Session Packages

- 5 x 60 minute session Pre-Paid Package - 280 GBP
- 10 x 60 minute session Pre-Paid Package - 550 GBP
- 5 x 90 minute session package (ideal for couples) - 380 GBP

### 3) *PayPal*

Please note we do not have a credit card terminal in our office or our therapy rooms therefore invoice will be sent via a third party credit card processing provider where payment can be made from credit or debit card.

- 90 mins – 115 USD
- 60 mins – 83 USD

### Prepaid Session Packages

- 5 x 60 minute session Pre-Paid Package - 400 USD
- 10 x 60 minute session Pre-Paid Package - 750 USD
- 5 x 90 minute session package (ideal for couples) - 550 USD

# Scheduling an Appointment

## 1) Book Free Initial Consultation

Before making any commitment, we offer the following:

- Free 15 minute Zoom video consultation for individuals
- Free 30 minute Zoom video consultation for couples and families.

This gives the opportunity to discuss things further, answer any questions you have and if you are happy to proceed, arrange a mutually convenient time for the first full counselling session. To arrange this please click the following link to complete **our client enquiry form**. This will give a little extra information to help us select whom we believe the most suitable therapist would be and then we can email you a list of available appointment times for the free initial consultation.

If you have any questions before booking the free initial call you can either visit our **Frequently Asked Questions Page**, or mention these whilst completing the **online enquiry form**.

## 2) Scheduling Your First Session

Availability for the first full counselling session is normally at least five (5) days following the initial consultation.

If you feel ready to proceed with therapy, we recommend arranging the date and time for your first full session directly with the therapist at the end of your free initial consultation call, as this is the quickest and easiest way to secure a suitable appointment time based on current availability.

If you prefer not to proceed immediately, you are very welcome to request a follow-up call when you feel ready.

During this follow up call, we can discuss availability and agree on a mutually convenient date and time for your first full counselling session.

If you have any questions in the meantime, please feel free to contact our office at [counsellingthailand@gmail.com](mailto:counsellingthailand@gmail.com), and our team will be happy to assist.



**COUSSELLING THAILAND**  
Professional Counselling & Therapy Services

## PLEASE NOTE

Re: Medical / Health Insurance Reimbursement

For any clients wishing to claim reimbursement for counselling/therapy sessions from their employer, EAP, insurance provider or other third parties.

A copy of the full insurance policy/terms and conditions

MUST be forwarded to us for consideration

**at least 7 working days before the first session.**

We are happy to assist clients in providing relevant documentation however neither Counselling (Thailand) Co., Ltd nor any members of its counselling team make any guarantees for reimbursement from any third party provider / organisation. This is the sole responsibility of the client.

### JOIN US NOW



[www.counsellingthailand.com](http://www.counsellingthailand.com)



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