COUSELLING THAILAND
Professional Counselling & Therapy Services

COUNSELLING FEES

How to Schedule Your First Appointment

At Counselling Thailand, we understand that taking the first step towards seeking support is a significant decision. Our aim is to provide clear, comprehensive information about our services, fees, and how to schedule an appointmen, so you can feel informed and confident throughout the process.

We believe that accessing therapy should be straightforward, fair, and transparent. While some counselling practices charge higher fees for couples or family sessions, or increase prices for evening or weekend appointments, we take a different approach.

At Counselling Thailand, **all fees are charged per session, not per person, and remain the same whether your appointment is on a weekday, evening, or weekend.** We feel this reflects our commitment to making therapy accessible and supporting relationships without adding financial or scheduling barriers.

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Payment can be made from one of the following options

1) Bank Transfer (Payment to be made in Thai Baht)

- Thai Bank (KBank)
- WISE to Thai Bank (KBank)
- Thai QR code (From Thai Bank only)
- *Sorry, we DO NOT accept payment through Revolut*

Pay per session

- 90 mins – 3,745 THB
- 60 mins – 2,675 THB

Prepaid Session Packages

- **5 x 60 minute** session Pre-Paid Package - **12,840 THB**
- **10 x 60 minute** session Pre-Paid Package - **24,610THB**
- **5 x 90 minute** session package(ideal for couples) - **17,655 THB**

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2) UK Bank Transfer

(Only available for clients paying from a UK bank account)

Pay per session

- 90 mins – £80 GBP
- 60 mins – £60 GBP

Prepaid Session Packages

- 5 x 60 minute session Pre-Paid Package - 280 GBP
- 10 x 60 minute session Pre-Paid Package - 550 GBP
- 5 x 90 minute session package (ideal for couples) - 380 GBP

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3) *PayPal*

Please note we do not have a credit card terminal in our office or our therapy rooms therefore invoice will be sent via a third party credit card processing provider where payment can be made from credit or debit card.

- 90 mins – 115 USD
- 60 mins – 83 USD

Prepaid Session Packages

- 5 x 60 minute session Pre-Paid Package - 400 USD
- 10 x 60 minute session Pre-Paid Package - 750 USD
- 5 x 90 minute session package (ideal for couples) - 550 USD

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Scheduling an Appointment

1) Book Free Initial Consultation

Before making any commitment, we offer the following:

- **Free 15 minute Zoom video consultation for individuals**
- **Free 30 minute Zoom video consultation for couples and families.**

This gives the opportunity to discuss things further, answer any questions you have and if you are happy to proceed, arrange a mutually convenient time for the first full counselling session. To arrange this please click the following link to complete **our client enquiry form.**

This will give a little extra information to help us select whom we believe the most suitable therapist would be and then we can email you a list of available appointment times for the free initial consultation.

If you have any questions before booking the free initial call you can either visit our **Frequently Asked Questions Page,** or mention these whilst completing the **online enquiry form.**

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2) Scheduling Your First Session

Availability for the first full counselling session is normally at least five (5) days following the initial consultation.

If you feel ready to proceed with therapy, we recommend arranging the date and time for your first full session directly with the therapist at the end of your free initial consultation call, as this is the quickest and easiest way to secure a suitable appointment time based on current availability.

If you prefer not to proceed immediately, you are very welcome to request a follow-up call when you feel ready.

During this follow up call, we can discuss availability and agree on a mutually convenient date and time for your first full counselling session.

If you have any questions in the meantime, please feel free to contact our office at **counsellingthailand@gmail.com**, and our team will be happy to assist.

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PLEASE NOTE

Re: Medical / Health Insurance Reimbursement

For any clients wishing to claim reimbursement for counselling/therapy sessions from their employer, EAP, insurance provider or other third parties.

A copy of the full insurance policy/terms and conditions

MUST be forwarded to us for consideration

at least 7 working days before the first session.

We are happy to assist clients in providing relevant documentation however neither Counselling (Thailand) Co., Ltd nor any members of its counselling team make any guarantees for reimbursement from any third party provider / organisation. This is the sole responsibility of the client.

www.counsellingthailand.com

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PLEASE NOTE

Medical / Health Insurance Reimbursement

PLEASE NOTE: This section only applies to clients intending to claim reimbursement through medical or health insurance.

Counselling (Thailand) Co., Ltd provides counselling and talk therapy services only. We are not a licensed medical practice and do not provide clinical psychological or psychiatric treatment, psychological or psychiatric assessments, diagnostic testing, or medication prescriptions.

Although we can provide receipts for counselling sessions upon request, these may not meet the requirements of medical or health insurance providers.

Unfortunately, we are unable to assist with reviewing insurance policies, assessing eligibility for reimbursement, obtaining pre-authorisation, or processing insurance claims. Clients are responsible for confirming their own eligibility and obtaining any reimbursement from their insurance provider, employer, EAP or other third party.

If your decision to proceed with therapy depends on insurance reimbursement, we recommend contacting your insurance provider directly to obtain a list of approved healthcare professionals or medical institutions.

We have also included some additional resources below that may be helpful:

Bangkok Hospital (Various locations throughout Thailand, including Bangkok, Chiang Mai and Phuket)

Bumrungrad International Hospital (Bangkok).

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